

CATO'S KITCHEN



PURPLE PORRIDGE

winter warmer with Harraways Rolled Oats

 Breakfast  2 - 3 min

Ingredients (for individual serving)

½ a cup of Harraways Raspberry Coconut Oats
¾ of a cup of the juice from a tin of stewed plums

Method

Follow the instructions on the packet.

Combine the oats and juice in a small pot. Bring the mixture to the boil and cook for about 60 seconds, stirring occasionally. Allow to cool a little before eating.

OR

Combine the oats and juice in a small microwave-safe bowl. Microwave on high for about 90 seconds. Stir and allow to cool a little before eating.



It's great as it is, or you can add milk, cream, yoghurt and maybe one or two of the stewed plums. Yum!

A hearty breakfast is a great way to start the day and a bowl of porridge is a simple, easy and inexpensive option. Harraway's flavoured oat options provide loads of ways to add variety to your breakfast bowl, too.

Eat well, sleep well, study well or work well, and know you are loved.

Arohanui,
Suzy